

THE **UMBRELLA** GROUP

*UMB Roundtable on Empowerment in Leadership
and Leveraging Aspirations*

UMBrella Coaching Program Cohort 3

Closing Ceremony

APRIL 29, 2021

10 A.M. TO 11 A.M.





Dear Cohort 3:

Congratulations on completing UMBrella's Coaching Program! You made an important decision to do something positive for yourself and your career by participating in this program, and you stuck with it, even when we had to take the program virtual. While it might not have been the experience you envisioned when you applied, you made the best of it, made new connections with other women on campus, and perhaps strengthened existing bonds as well.

This eight-month program delved into important topics that are crucial to your professional development. I encourage you to apply the new concepts, strategies, and skills you learned — from your coach and from your colleagues in your cohort — to make meaningful changes in your personal and professional life.

You are now part of UMBrella's network of three cohorts of coaching programs and hundreds of women across UMB who have participated in UMBrella's programming over the past six years. I hope that you will stay in touch with your coaching cohort for support and encouragement as you progress in your career at UMB.

And I hope you will encourage your friends and colleagues to apply for the next cohort of the UMBrella Coaching Program. I look forward to seeing you at future UMBrella events!

Stay strong and be well,

A handwritten signature in black ink that reads "Jennifer".

Jennifer B. Litchman, MA
Senior Vice President for External Relations
Special Assistant to the President
Founder and Chair, UMBrella



VIOLET M. APPLE

*Chief Executive Officer
Girl Scouts of Central Maryland*

A strong advocate for children, Violet M. Apple has been dedicated to the development and extension of services to girls for more than 30 years.

Apple has a thorough understanding of the complexities of delivering safe, contemporary programs to girls and values the critical role volunteers play in implementing such services. She has partnered with major corporations and funders to build program support in the delivery of the

Girl Scout Leadership Experiences, the Girl Scout Gold Award, and science, technology, engineering, and math (STEM) initiatives for girls. She has also been involved with overseeing the administration of outdoor experiences to girls for nearly 20 years and has been involved with the development and delivery of numerous resident and day camps.

In 2014, she became the chief executive officer of Girl Scouts of Central Maryland. Prior to that, Apple served as chief membership services officer for the Girl Scouts of Eastern Massachusetts (headquartered in Boston) and chief operating officer for Girl Scouts in the Heart of Pennsylvania (headquartered in Harrisburg, Pa.). In these positions, Apple was responsible for developing a transitional plan for the merger of seven councils into two, affecting approximately 100,000 girl and adult members.

Her contribution to her local community further confirms her commitment to young people and their development. In 2020, Apple was appointed to the board of Hostelling USA where she previously had served on the Board Development Committee. In 2019, she was reappointed by the governor of Maryland to serve on the Maryland Legal Services Corporation Board. She is also currently serving on the boards of Maryland Nonprofits and CASA of Baltimore City. In addition, she had the privilege of serving on the WOW (Women of the World) Festival 2016 Board of Directors. She is a member of Delta Sigma Theta Sorority, Inc., the Executive Alliance, and the Baltimore Women's Advisory Board and is a graduate of The LEADERShip class of 2015.

Apple was named one of the *Daily Record's* Most Admired CEOs. She received Maryland's Top 100 Women's award in 2019 and 2016. She also received the Baltimore Teachers Union Women's Rights Award, SMART CEO — Circle of Excellence, SMART CEO — Brava Award, and the YWCA's Racial Justice Award. She was awarded the Thanks Badge, the highest award given by Girl Scouts of the USA.

Apple holds a Master of Business Administration from Penn State University and a Bachelor of Arts in Social Work from Millersville University of Pennsylvania. She also holds a Certificate in Nonprofit Management from Delaware University.

Welcome

Elisa Medina, LCSW-C, ACC,
Career Development Manager, Human Resources

Opening Remarks and Introduction of Keynote Speaker

Jennifer Litchman, MA, Senior Vice President for External Relations
and Special Assistant to the President,
and UMBrella founder and chair

Keynote Address

Violet Apple, MBA, Chief Executive Officer,
Girl Scouts of Central Maryland

Program Reflection Introductions

Paulette Harris-Gross, MS, Program Management Specialist,
Office of the President

Program Reflections

Shereece F. Singleton, MS, Office Manager,
Department of Pediatrics, School of Medicine

Dina R. Billian, JD, Deputy Director of Career Development,
Francis King Carey School of Law

Eileen Eldridge, Web Content Specialist,
PATIENTS Program, School of Pharmacy

Vanessa Carroll, MS, Special Assistant to the Dean,
School of Dentistry (Cohort 3 Coach)

Closing Remarks

Cherita Adams, MBA, MS, Assistant Dean,
Administration and Strategic Initiatives, School of Social Work

Cherita Adams, MBA, MS*

*Assistant Dean, Administration and Strategic Initiatives,
School of Social Work*

Patty Alvarez, PhD*

Assistant Vice President, UMB Student Affairs

Anna Borgerding, PMP

*Associate Director, UMB Operational Excellence
for Facilities and Operations*

Sharon Bowser, MBA*

*Associate Dean and Chief Information Officer,
School of Medicine*

Vanessa Carroll, MS*

Special Assistant to the Dean, School of Dentistry

Crystal Edwards, JD, MA*

Assistant Dean, Academic Affairs, Francis King Carey School of Law

Laura Kozak, MA*

*Associate Vice President,
UMB Office of Communications and Public Affairs*

Cherokee Layson-Wolf, PharmD*

Associate Dean, Student Affairs, School of Pharmacy

Isabel Rambob, DDS*

Clinical Assistant Professor, School of Dentistry

Robertha Simpson, MBA

*Director, Office of Faculty Affairs and Professional Development,
School of Medicine*

Darlene Trandel, PhD

*Assistant Professor, Department of Partnerships,
Professional Education, and Practice, School of Nursing*

Shannon Tucker, MS*

*Assistant Dean, Instructional Design and Technology,
School of Pharmacy*

Stephanie Alphee

*Program Coordinator
School of Medicine*

Cailin (Barker) Yasunaga

*IPACE Program Coordinator
School of Nursing*

Kelli Bethel

*Director of Yoga Therapy
and Yoga, Physical Therapist
School of Medicine*

Penelope Birckhead

*Program Administrative Specialist
School of Medicine*

Kerry Birney

*Assistant Professor
Graduate School*

Morgan Bosset

*Program Specialist
School of Social Work*

Dana Bridges

*Nurse Practitioner
School of Medicine*

Meghan Bruce-Bojo

*Program Manager
Academic Affairs*

Alaysia Corley

*Academic Program Specialist
Graduate School*

Ana Raquel Da Costa

*Program Director
School of Medicine*

Eileen Eldridge

*Web Content Specialist
School of Pharmacy*

Eposi Elonge

*Research Program Coordinator
School of Medicine*

Veronica Fallon

*Clinical Research Assistant
School of Medicine*

Christina Fenwick

*Dean's Office Specialist
School of Social Work*

Onaya Frazier

*Medical Secretary II
Faculty Physicians, Inc.*

Justine Golden

*Program Manager
School of Medicine*

Jessica Grabowski Roop

*Human Resources Manager
Academic Affairs*

Donna Greaves

*Program Manager/Associate Director
School of Social Work*

Rebecca Greenwell

*Staffing and Career Specialist
Administration and Finance*

Christina Griffin

*Clinical Division Manager
School of Medicine*

COHORT 3 PARTICIPANTS

Eva Hanley

*Marketing Specialist
Communications and Public Affairs*

Rebecca Henry

*Research Associate
School of Medicine*

Danielle Hill

*Office Manager - Research
School of Medicine*

Jennifer Hoffmann

*Nurse Practitioner
School of Medicine*

Brittany Johnson

*Accounting Associate
School of Medicine*

Elizabeth Lasker

*Assistant Director - Aquatics
Campus Life Services*

Laura Lee

*Senior Media Relations Specialist
Communications and Public Affairs*

Renita Lewis

*Lead Paralegal
University Counsel*

Nicole Licari

*Accounting Analyst
Campus Life Services*

Tierra Major

*Prevention and Outreach Program
Coordinator
Campus Life Services*

Christina Manoto

*Operations Manager
Campus Life Services*

Jan Martinez

*IRB Manager
Academic Affairs*

Kristen Maslonka

*Division Administrator
School of Medicine*

Nancy (Lucas) McDowell

*Program Manager
School of Nursing*

Akilah Moore

*Executive Assistant II
School of Medicine*

Carin Morrell

*Public Information Officer
Administration and Finance*

Rhona Mutibwa Little

*Program Specialist
School of Social Work*

Tasha Mwaura

*Patient Care Advocate
School of Dentistry*

Angelica Nadali

*EHS Specialist
Administration and Finance*

Nicole Nash

*Assistant Director of Alumni
Relations
School of Dentistry*

Lindsay Nichols

*Project Controls Specialist
Administration and Finance*

Trisha Nkenge

*Development Associate, Donor
Relations and Stewardship
School of Medicine*

Jillian Pahel

*Assistant Director, Student Services
for Conway Scholars
School of Nursing*

Robyn Palmeiro

*Director of Social Work
School of Medicine*

Jamesha Perkins

*Program Administration Specialist
School of Medicine*

Jasnehta Permala-Booth

*Laboratory Manager
School of Medicine*

Mary Phelan

*Senior Media Relations Specialist
Communications and Public Affairs*

Ginger Pritchett

*Registration Coordinator
School of Nursing*

Chanise Reese-Queen

*Program Director
School of Medicine*

Jole' Ruff

*Coordinator
Academic Affairs*

Leanne Simington

*Grants and Contracts Coordinator
School of Medicine*

Sonia Smith

*Program Specialist
School of Nursing*

Christina Spadafora

*Clinical Research Assistant
School of Medicine*

Janet Thomas

*Program Specialist
Administration and Finance*

Tammy Thomas

*Administrative Coordinator, Human
Resources and Payroll
School of Medicine*

Raissa Toure

*Clinical Research Assistant
School of Medicine*

Nicole Turner

*Administrative Coordinator
School of Dentistry*

Jenn Volberding

*Assistant Director,
Student Financial Planning
School of Nursing*

COHORT 3 PARTICIPANTS

Lydia Watts

*Executive Director
Carey School of Law*

Lauren Wheeler

*Information Services Librarian
Health Sciences and Human
Services Library*

Anna Whitney

*Program Coordinator/Student
School of Medicine*

Adrienne Witherspoon

*Administrative Assistant
Office of Community Engagement*



It was an honor to be selected as a participant in the pilot cohort. Being a part of the UMBrella Coaching Program has benefited me over the years. I applied the concepts I learned in the program to negotiate a promotion and pay raise in the position I was in at the time. Since then, I earned another promotion for a new position. An added benefit of the program was the networking. I met and talked with women in leadership on campus and formed lasting relationships with peers in my cohort. I still benefit from the program by taking advantage of the UMBrella professional development events throughout the year such as the Women's History Month Symposium. Last year, I received an UMBrella scholarship to participate in the Towson University Professional Leadership Program for Women.

Shereece F. Singleton, MS

Inaugural Cohort

Office Manager

Department of Pediatrics, Critical Care Medicine

Center for Blood Oxygen Transport and Hemostasis

School of Medicine



The women of the University of Maryland, Baltimore are so incredibly fortunate to have the UMBrella Coaching Program as a professional development offering. It's been exactly two years since I first met my coaching group: Adrienne, Mary Beth, Lin, Karen, Zalika, and Meredith, led by the amazing coach Patty Alvarez, assistant vice president, Student Affairs. We keep in touch to this day through occasional lunches or calls for support. The ground rules themselves — respect, engagement, positivity, and using one's voice — are rules I try to implement every day, not just in my work life, but in my personal life as well. The program promotes leadership, growth, and the commitment to develop oneself. In these unusual times, the need for this program is greater than ever. We all benefit from the support, kindness, and encouragement the program provides.

Dina R. Billian, JD

Cohort 2

Deputy Director of Career Development

Francis King Carey School of Law



I am so grateful for the opportunity to be part of the UMBrella Coaching Program for Cohort 3. This program has changed my life! Coming into the program I was hopeful I would get the support I was looking for, but the program exceeded my expectations on so many levels. The training sessions, monthly group coaching, and care from the UMBrella Coaching Program team made learning, developing, and growing so much easier and faster. At the beginning of the program, I established a goal to be accomplished by May 2021, and it has been accomplished as of February 2021. Now on to my next goals. Thank you!

Eileen Eldridge

Cohort 3

*Web Content Specialist, PATIENTS Program
School of Pharmacy*



What I found most gratifying about this coaching experience is creating a space where we *all* have learned with and learned from one another. The insights that I gained from the perspectives shared by my group members have been as invaluable to me as I hope mine have been to them. We all have contributions to make to our individual and collective success. That's the essence of the name we chose for our group, ASPIRE.

Vanessa Carroll, MS

Coach, Cohort 3

*Special Assistant to the Dean
School of Dentistry*

Cherita Adams, MBA, MS*

*Assistant Dean, Administration and Strategic Initiatives,
School of Social Work*

Paulette Harris-Gross, MS

Program Management Specialist, UMB Office of the President

Patrick Green Holloway (Tech Support)

Office Clerk II, UMB Human Resources Services

Elisa Medina, LCSW-C, ACC

Career Development Manager, UMB Human Resources Services

**Member of UMBrella Advisory Board*

Amplify your voice.
Become empowered.
Achieve your potential.

