

UMB Crisis Care Resource Guide

UMB Student Counseling Center is open Monday - Friday 8:30 am to 5 pm. Call 410-328-8404 for questions during regular business hours. If you or someone you know are experiencing an after-hours emergency please utilize the information below, call 911, or go to an emergency room.

RESOURCE	PHONE	AVAILABILITY
UMB Student Counseling Center	(410) 328-8404	Monday - Friday 8:30 am to 5 pm. Urgent care requests require an advance phone call
Student Health	(667) 214-1899 after hours (667) 214-1800	Provides 24/7 after-hours on-call back-up to Counseling Center. Walk-in hours are M & Th 8 a.m. - 6:30 p.m., T & F 8 a.m. - 4:30 p.m., and W 9 a.m. - 4:30 p.m.
Psych Urgent Care	(410) 328-1219	The University Hospital has a Psychiatric Urgent Care unit that provides services 24/7
Campus Police	711	Campus Police are available 24/7

Local and National Suicide and Crisis Hotlines

RESOURCE	PHONE	AVAILABILITY	SERVICES
Baltimore City Crisis Response	(410) 433-5175	Crisis hotline: 24/7 Mobile Crisis Team: 7am - Midnight	Crisis Hotline, Mobile Crisis Team, information, and referral services. Serves Baltimore City
Baltimore County Crisis Response	(410) 931-2214	24/7	24-hour hotline, crisis intervention, mobile crisis team; information, referrals
Grassroots Crisis Intervention	(410) 531-6677 1-800-422-0009	24/7 Toll-free, state-wide. Located in Columbia, MD.	Hotline, crisis & suicide intervention, walk-in, mobile crisis team, Information and referral
Prince George's Suicide Hotline	(301) 864-7130	24/7	Serves Anne Arundel, Calvert, Charles, Montgomery, Prince George's and St. Mary's Counties
Prince George's County General Crisis and Referral Line	(301) 864-7161	24/7	Comprehensive crisis services
Montgomery County Crisis Center	(240) 777-4000	24/7	Emergency Services, Housing Crisis Intervention and Prevention, Rental Assistance Program, Mental Health
National Suicide Prevention Lifeline	1-800-273-8255	24/7	Routes caller to the crisis center in their area. For the suicidal individual or those concerned
Grad Help	1-800-472-3457	24/7	Helps college students reach confidential, free telephone counseling, crisis intervention, suicide prevention, information and referral services

Domestic Violence/Sexual Assault Resources

RESOURCE	PHONE	AVAILABILITY	SERVICES
House of Ruth	(410) 889-7884	24/7	Hotline for crisis intervention, safety planning, counseling, legal referrals, victim & family advocacy
National Domestic Violence Hotline	1-800-799-7233	24/7	Crisis intervention, advocates and translators available
Turnaround	(410) 828-6390	24/7	Hotline serving rape victims, domestic violence, adult survivors of child sexual abuse
Mercy Hospital Serves Baltimore City	(410) 333-9499	24/7	Sexual Assault Forensic Exams 301 St. Paul place Baltimore, MD 21202
GBMC Serves Baltimore County	(443) 849-3323	24/7	Sexual Assault Forensic Exams 6701 N. Charles Street Baltimore, MD 21204
Sheppard Pratt Crisis Walk-in Clinic	(410) 938-5302	Mon-Fri 10:30am to 9pm. Saturday 1pm to 4pm	The clinic assesses for safety and refers individuals to the appropriate level of care